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## ***COBRA and Insurance Information***

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One of our members recently attended an HNC event and was involved in a discussion about the ***new COBRA policy under the economic stimulus program***. She has shared some information in her research that might be very helpful in understanding the benefits available and also other changes affected by the America Recovery and Reinvestment Act. Below are some links for access to this information and we thank Shawna for sharing this valuable information:

- This page is a Fact Sheet and summary of the new changes to COBRA and rules on how to qualify: <http://www.dol.gov/ebsa/newsroom/fsCOBRAPremiumreduction.html>
- This is a list of changes made by the American Recovery and Reinvestment Act of 2009 (ARRA): <http://www.irs.gov/newsroom/article/0,,id=204335,00.html>
- Unemployed and uninsured: six options for finding health insurance: [http://www.ehealthinsurance.com/content/pressNew/Health\\_Insurance\\_Options\\_for\\_the\\_Unemployed.html](http://www.ehealthinsurance.com/content/pressNew/Health_Insurance_Options_for_the_Unemployed.html)  
(This is a commercial site with an easy to understand summary of health insurance options. *Note that this site is included for reference only; its inclusion should not be considered an endorsement by HNC for this company's services. As with all services and products, we recommend that you consult your local hemophilia treatment center before pursuing any changes.*)

Thank you.

*Links are to an external site (outside of HNC) that will open in a separate window.*

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